

ITEMS FOR CHECKOUT

TOWELS!!! – PLEASE SIGN THEM OUT 😊

STRENGTH / POWER / AGILITY / SPEED

- ROGUE OLYMPIC BAR
- WEIGHT BELT
- WRIST STRAPS
- LADDERS
- SLEDS WITH WAIST BELTS OR VEST
- WEIGHT VEST (UP TO 50 LBS)
- TRX STRAPS
- AB ROLLERS
- BALANCE DISCS
- SAND BAGS (20 / 25 lbs ea)
- PERFECT PUSHUP
- JUMPROPE
- SPEED HURDLES
- SLIDEZ
- CONES (SHORT / TALL)
- MMA & BOXING GLOVES / MITS / PADS
- PEGS FOR PEG BOARD
- FIT DECK CARDS
 - KETTLEBELL
 - RESISTANCE BANDS
 - BOSU BALL
 - STABILITY BALL
- EXERCISE DVDS
 - P90X
 - INSANITY
 - KETTLEBELL WORKOUTS
 - RUSHFIT
 - TRX
 - YOGA
 - ZUMBA
 - SPINNING
 - BOSU
 - SPIN PALATES

STRETCHING / FLEXIBILITY

- YOGA BLOCKS
- ROGUE RESISTANCE BANDS – THICK

SPORTS / RECREATION

- JERSEYS AND PENNIES
- FLAG BELTS
- BASKETBALL
- VOLLEYBALL
- WALLEYBALL
- DODGEBALL
- FOOTBALL
- KICKBALL
- FRISBEE
- HANDBALL
- GOLF CLUBS & BALLS
- TENNIS
- RACQUETBALL & EYEWEAR
- FOWLING – NEED 24 HOUR NOTICE

RECREATION / CAMPING

- TENTS (4 / 6 PERSON)
- SLEEPING BAGS
- LED LANTERNS (2)
- 2 BURNER STOVE (PROPANE NOT INCLUDED)
- PROPANE LANTERN (PROPANE NOT INCLUDED)
- COOLERS (110 QUART / 27.5 GALLON)
- MOUNTAIN BIKES & HELMET
- FISHING – HOOKS AND LURES NOT PROVIDED
- HORSEHOES
- LIFEJACKETS
- CANOES (SINGLE PERSON)